By A1C Levi Peacock 819th RED HORSE Squadron

Word Bank

Airbag Boating Camping Cookout Crosswalk Dehydration DUI Earplug Gloves Hearing Heatstress Heatstroke Helmet Hiking Lifting PPE Recall Reflective Seatbelts Speeding Sprains Steeltoe Strains

Answers to the crossword puzzle can be found horizontally and vertically.

Swimming

Warmup

Word Search

O R G A W A H R V M R S Q Y M H R P M W H H G G O H M T K O E M K X A I E E L M C M A H A E Q N L D O W S M A A G O D T Y O F V I Q R M Q A A H I O X K D C R W P R O J O T B Y L Z F Z Y T R T O D V 3 I Q C S K S A L V W K X E R T S G S S S E E G CHJVEKCBQLUCTINZTEESA INLQSJEUMHEKDARTINQRAPUB IM JDT FVTEE AVE Q A I C G O 3 B M 3 D 3 U A D W L 3 I R C K V A K P G D CSMPXKRDE M O 3 0 W 0 Y DRAT I 0 M F T SEUA Q T Q I Y M A c v N H T EV Y E U G NNDUXXN M A F H P u X 0 YHGRYBYUEOUPL To G URCNQQUBKUHBXC DXD 2 N A H 3 M O V O M Q U D P A A V T F N F K B U F TAYSRZSTLEBTAESGNIKIHOE AMPRROASQAAGRE WD GHHQRJHH URAQENQRUCCOOKOUTSOUBZTPU I T X C W Z X B C W Z G K G U G N R P A U F B M D MSAPGYPUHIOMYKIOBIUUYW WLMOTOZJULM WRZRYPBKFN FGCA LNHFBLNUNBX23WIMMINGMOJBF EWKPZPIRLJSREDXOGACXOAH

Editor's note: Word find answers will be printed July 27.

Attention: Cowboys, cowgirls

By SMSgt Clifford Bloyd 490th Missile Squadron

Horseback riding is a popular hobby among people in Montana, especially at Malmstrom, which has its own horse stables.

Each summer brings the undeniable appeal of temporarily abandoning daily routines in order to spend more time on horseback. This sends cowboys and non-horsemen alike on trail rides, pack trips, and visits to local guest ranches.

Some people are lucky enough to make a lifestyle out of horseback riding. My life is one big high now that I'm living something that, as a little boy, I thought only cowboys could experience.

Not too long ago, I happened to be working with a new Belgian horse I bought that was not broke to ride. I always wanted to break a horse. When I saw the opportunity to ride I couldn't resist.

Next thing I knew I'm climbing a six-foot fence to get on the horse. This is when common sense should have clicked in. This moment was a turning point in my horseback-riding career. I lasted about 30 seconds before I jumped off of my steed, slipped in the mud and broke my right forearm.

Genuine describes my ambition to ride this horse that basically rode me. I was lucky that there was someone there to give me a ride to the hospital.

I learned that day that safety is paramount. I needed to live within my skills. I would like to share with everyone that additional training was provided for the horse, and the rider, me, received a lot of guidance on horsemanship.